

PRESS RELEASE

RUGBY ARTISTIC SWIMMING CLUB



SUPER ACHIEVEMENTS FOR RUGBY AT NOVICE COMPETITION

Rugby saw some fantastic achievements at their recent Annual Regional Novice competition which was for swimmers below a Grade 3 and/or new to the sport.

The day started with the figures competition which is a nail-biting and exciting event for many of the swimmers who have not competed before.

In the Grade 0 element for swimmers aged 10 and under, the Silver Medal went to Charlotte Wilkins and the Bronze Medal to Caitlin-Rose Smith, both from Rugby SC.

In the Grade 1 age 13-15 section Rugby won all 3 medals! The Gold went to Alice Pavlova, the Silver to Daisy Clark and the Bronze Medal to Isabella Franks.

In Grade 2 - age 13-15 Beatrice Banks won Bronze against some tough competition.

The routine swims were performed with confidence and flair with Rugby's 12 and under Combo team taking a close 4th place. The swimmers were Elise Kelly, Caitlin-Rose Smith, Lottie Wilkins, Sophie Croft, Sophia Myronova, Lucy King, Kara Anstruther, Isobelle Watkins, Melinda Bogdanova and Molly Heard.

One of Rugby's 13-15 teams absolutely smashed their 'Mambo' routine taking 1st place! This team comprised Beatrice Banks, Mabel Chapman, Isabella Franks, Isabella Flaig, Isobel Byrne, Jemma King, Daisy Jenkins, Alice Pavlova, Georgina Stoddart, Kara Duckett and Daisy Clark. And 3rd place was taken by Rugby's 'Encanto' team with their swimmers Ruth Ho, Ellie Browne, Connie Long, Isabelle McManus, Daniel Rodrigues, Jemima Parkinson.

All the Rugby contestants demonstrated hard work and commitment in the run up to this event, and on the day showed great skill and resolve to positively represent their club. It is important to recognise every individual contribution and again mention that for many, this was their first time at a competition.

Anyone of any age interested in trying artistic swimming should contact Rugby's head coach Hannah Secher at: rugbysynchro.headcoach@gmail.com or visit: www.rugbysynchro.co.uk

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