

PRESS RELEASE

RUGBY ARTISTIC SWIMMING CLUB



SUCCESS AT NATIONAL JUNIOR AND SENIOR ARTISTIC SWIMMING CHAMPIONSHIPS 2022

Rugby Artistic Swimming Club is extremely proud of its Senior Team following its fantastic performance at the National Junior and Senior Artistic Swimming Championships, which was held in Nottingham on 23 and 24 April. The Championships saw Rugby deliver some of its best performances of the season against the top Artistic Swimmers in the country (including Team GB athletes).

The Championships are the highest level of domestic competition for Artistic Swimmers and it is the first time the event has been held in person since 2019. This year the competition proved to be both exciting and emotional for Rugby's Senior Team as it was the first time competing at this event for all but one of the 14 strong squad, but it also signalled the final time competing together as a team for some of the swimmers who consider themselves to be best friends, as well as teammates, having started their Artistic Swimming journey together and progressed through the Club together.

Rugby was represented in each competition category ("Free" and "Technical") with their solo, duet and team routines with Junior swimmers (15 years and under) receiving a ranking in their own age group as well as an overall ranking.

In the Free Team event, Rugby was represented by Maisie Grinter, Emily Dakin, Lili Carroll, Sophie Thomas, Eve Howard, Bethany Clarke, Lola Dudkowsky, Charlie Putt, Josie Mozley and Olivia Tyers. The Team was delighted to deliver one of its best performances of its "SUN" routine to secure a brilliant overall fifth place - narrowly missing out on fourth place by just 0.2 of a mark.

Also pleased with their performance in the Free Duet event was Rugby's Junior pair Matilda John and India Townsend. Matilda and India also represented Rugby in the Free Solo event together with Senior team member Maisie Grinter with all three delivering great individual performances.

In the Technical Team event (where athletes are required to incorporate specific elements as part of their routine), Rugby was represented by Maisie Grinter, Emily Dakin, Jess Farndon, Charlie Putt, Lili Carroll, Sophie Thomas, Lola Dudkowsky, Olivia Tyers, Eve Howard and Poppy Williams and the Team was thrilled to deliver one of its best performances of its "In the Heights" routine to finish in seventh place overall in a very close field.

In the Technical Solo event, Rugby was represented by two of its Junior team members Olivia Tyers and Lola Dudkowsky who both gave fantastic performances with Lola finishing sixth within the Junior age group category.

Head Coach Hannah Secher said ..."This event has been an extremely long time in coming for these swimmers and what a fantastic competition it was for Rugby! The results are testament to the commitment and dedication of the whole team including Team Managers Tracy Anne Grinter and Vicky Putt and Coach Alice Dale. The whole Club wishes those that are moving on every success as they embark on University and other new ventures..."

Team Managers Tracy Anne Grinter and Vicky Putt added ..."The Senior Team are all committed, hard-working, and supportive young ladies who are truly inspiring to the younger members of the Club. We could not be more proud of every single one of them..."

Anyone feeling inspired to try artistic swimming in Rugby can contact Head Coach Hannah Secher at rugbysynchro.headcoach@gmail.com.