

**PRESS RELEASE**

**RUGBY ARTISTIC SWIMMING CLUB**



# **SUCCESS AT MIDLANDS ARTISTIC SWIMMING CHAMPIONSHIPS**

Rugby Artistic Swimming Club is celebrating further medal success following the Midlands Artistic Swimming Championships for Senior and Masters level swimmers, which was held in Walsall on Sunday 20 March.

Rugby brought home gold, silver and bronze medals in each competition category ("Free" and "Technical") for their solo, duet and team routines in the Junior (under 15 years age group), Overall (under 18 years age group) and Masters (over 18 years age group) competitions.

In the Free Duet event, Rugby's Masters pair Jagoda Czuplak and Ariane Sargent won gold for their routine while Mia Timothy and Sophie Lowe won silver. Matilda John and India Townsend won bronze for their routine in the Junior age group - narrowly missing out on second place; and coming fourth in the Overall Free Duet competition.

Also winning an Overall bronze for Rugby was the Free Team consisting of Olivia Tyers, Lola Dudkowsky, Maisie Grinter, Bethany Clarke, Lili Carroll, Charlie Putt, Eve Howard, Sophie Thomas; and reserves Emily Dakin and Poppy Williams for its "SUN" routine.

In the Technical Solo event (where athletes are required to incorporate specific elements as part of their routine), Lola Dudkowsky won gold while Olivia Tyers took the bronze for her routine in the Junior age group; with Lola winning silver and Olivia placing a fantastic fourth in the Overall Technical Solo competition.

Also winning an Overall silver for Rugby was the Technical Team consisting of Olivia Tyers, Lola Dudkowsky, Maisie Grinter, Emily Dakin, Jessica Farndon, Poppy Williams, Lili Carroll, Eve Howard and reserves Sophie Thomas and Charlie Putt for its "In The Heights" routine.

Head Coach Hannah Secher said ..."this was a great competition for the Senior Team to test out their new routines on their journey to the English Championships in April. It was a great learning experience for all, having missed out on so much competition due to Covid restrictions over the past 2 years. We are able to now take what we have learnt and put it into place ready to compete against the whole country on April at our main competition. Our Masters swimmers and select Junior athletes did a great job and

showed real progress in their performances. It was great to take away so many medals across the events and age groups..."

Anyone feeling inspired to try artistic swimming in Rugby can contact Head Coach Hannah Secher at [rugbysynchro.headcoach@gmail.com](mailto:rugbysynchro.headcoach@gmail.com).